

Ukiah Community Newsletter

February 2012

Volume 2, Issue 2

To receive the Ukiah Community Newsletter by email, contact Linda Kerr at happyplane22@hotmail.com.

Oregon National Guard Brings PHAT to Ukiah School



Ukiah High School students climb the rock wall, one of the activities available as part of the National Guard PHAT program. Photo by Paula Lo Sardo.

By Tyanna Billings and Tyler Lynch

It's PHAT, and it stands for Physical Health Adventure Training.

On January 10 six sergeants from the Oregon National Guard brought the physical fitness system to Ukiah School.

"I want to bring this PHAT program into schools to show a completely different way of exercising, as well as showing how important it is to be fit and healthy," said Sergeant First Class Dan Agenbroad.

Every school has a different list of activities depending on the size and shape of the gym. Agenbroad works out of Pendleton, planning each event

with different schools. The other five sergeants at the Ukiah PHAT work out of Portland.

Many high school students enjoy these programs. Ukiah junior Ricardo Maciel said he enjoyed the rock climb the best along with all the great prizes including shirts, water bottles and basketballs.

While Agenbroad plans mainly for high school students, he is very open to new adventures. He tried a new course of activities for Ukiah's elementary students, who were too young under PHAT's safety rules. Instead, they used the same equipment in different ways.

"Hoping for good results," Agenbroad said.

Second grader Bella Orr enjoyed the bounce apparatuses the most. Even though she was tired at the end of the hour, she said she really, really, really liked PHAT, and wants to do it a second time.



Alex Knudsen, Bella Orr, Morgan Montee and James Montee receive prizes from Sergeant First Class Dan Agenbroad during the PHAT program. Photo by Paula Lo Sardo.

Icenogle Tenders Resignation

On January 31, in a statement appended to his monthly log, Rick Icenogle resigned as Director of Public Works for the City of Ukiah. Copies of the log were distributed to all city council members at the end of January. Icenogle's resignation will be on the agenda for the council meeting on Tuesday, February 7.



Candi Kendall sleds down Mill street with her daughter Lylah Hart and their dog Dinah. Sledding was good for only a day or two in January.

Winter Weather

It was fun while it lasted, but it didn't last long.

After winter weather held off from Northeast Oregon through most of December and January, a big storm system finally moved through in the last week of the month.

About eight inches of snow fell in Ukiah on Sunday and Monday, January 22 and 23, enough to bring out snow clearing equipment and a few sledders. The snow turned to a light rain by Monday afternoon, and within a day or two the mounds of snow cleared from parking lots around town were gone.

Precipitation in the mountains of the John Day River Basin this winter has been 79 percent of average, according to data from Natural Resource Conservation Service Snotel sites.

Meetings and Events

Ukiah City Council meets in the Senior Center at 7 p.m. on the first Tues. of the month.

Ukiah School Board meets in the school at 7 p.m. on the second Wed. or Thurs. of the month.

Stitch & Chatter Quilters meet in the Presbyterian Church on Wed. and Sat.

Lunch is served at the Senior Center every Fri. at 11:30 a.m.

The Ukiah Food Pantry is open once a month at the Presbyterian Church from 12:30 to 2 p.m. Check the church reader board for dates.

Bingo at the Senior Center Wed. evenings at 6 p.m.



Babies on the ground! Nurseries like this one near Butter Creek have become an eye-catching sight along back roads as local ranchers begin calving.

February Senior Lunch Menu

Feb. 3--Meatloaf, baked potato with butter and sour cream, green beans, coleslaw, roll, ice cream.

Feb. 10--Oven-fried chicken, scalloped potatoes, mixed vegetables, tossed salad, fruit, grilled bread, cake.

Feb. 17--Sloppy Joes, corn, cottage cheese, fruit, coconut cream pie.

Feb. 24--Pork roast, potatoes and gravy, carrots, cabbage salad, fruit, roll, pudding delight.

Suggested donation - Seniors \$3.50 all others pay \$6.00

Numbers to Know

Ukiah Library	541-427-3735
Ukiah Post Office	541-427-3332
Ukiah School	541-427-3731
Ukiah Senior Center	541-427-3012
NFJD Ranger Station	541-427-3231
Oregon State Police	541-276-2121
Umatilla Sheriff	541-966-3650
To report a wildfire	911

City Council Notes

With official approval of the \$263,000 DEQ loan for upgrading the sewer system lift station, the city expects to put the project out for bid in March. The council approved a first payment to Anderson-Perry of \$1500 for design engineering on the lift station.

The sewer rate committee reported that new residential rates will be about \$27 and commercial rates about \$31. The committee plans to report on rates for customers with multiple connections--the U.S. Forest Service, Oregon Department of Forestry, school and some businesses--at the February meeting. The city has 127 billable water and sewer accounts.

The council approved the purchase and installation of a \$1900 pump for the chlorination unit. City-County Insurance will cover the cost.

Pat Picard and Dave Durfey from the Volunteer Fire Department discovered that a hydrant planned for the corner of Hartman and Pendleton when the origi-

nal system went in 60 years ago was apparently never installed. The VFD asked the council to budget \$4500 to \$5500 for a new hydrant in the next fiscal year.

In other business, the council:
* Approved a letter thanking Jim Stubblefield, retiring manager of Columbia Power Co-op, for all the work he has done for the city.

* Accepted a \$1000 grant from the Umatilla County Tourism Board, use to be decided at a future date.

* Endorsed a plan to hold a Saturday Market in the park from May through late summer. Anyone interested can talk to Stacie Schock at The Thicket.

City of Ukiah

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email CityofUkiah@centurytel.net

Carole Picard, Mayor
Council members Clint Barber, Rose Gatens, Linda Kerr and Randy Scarlett

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Camas Creek Bible Fellowship
Sunday Service 10 a.m.
Everyone invited!

Sunday School for children 9:30 a.m.
Sunday School for adults 9 a.m.

Weekly Home Bible Studies
6 p.m. Thursdays

For more information call
Pastor Ray Contreras
541-427-3720



Ukiah Profile**Sergeant Matt Gilliland, U.S. Air Force**

Staff Sergeant Matthew Gilliland is currently stationed at Osan Air Base in South Korea. He graduated from Ukiah High School in 2005.

Matthew Gilliland is an 8th generation Ukiahian. His father, Wayne Gilliland grew up in Ukiah, as did his grandfather and grandmother, Kenny and Lucille Gilliland. His mother and sister, Kari Keen and Sara Kinney, both live in town with their families.

Matt, however, has rarely been home since joining the Air Force after graduating from Ukiah High School in 2005. He has been to Texas, Arizona and Florida for training, and served in South Korea, Japan and Iraq. He is currently stationed at Osan Air Base, 40 miles south of Seoul, South Korea.

Matt joined up, he said, to provide for a future family and eventually earn a college degree. Today he is a Staff Sergeant working in Signals Intelligence Analysis and Production.

"Basically I intercept different types of signals from different platforms (radios, satellite) and I look to see if there is anything in there that is worthwhile to be pushed up the chain of command," Matt said.

"Some of my reports have even been sent straight to the President, which is pretty cool."

During his five months in Iraq Matt's job involved escorting workers from India and Turkey around the base as they did maintenance and construction jobs.

Matt was home over the Christmas holidays for the first time in seven years.

"That was so nice," Kari said. "The whole family showed up. Matt just wanted a normal Christmas."

"I pretty much just chilled," Matt said. "Just hung out with friends and spent time with the family. It was a blast, a complete turn-around, though. Before, I was the kid and everyone brought me presents! But now, Mom has my cousin's three kids and my sister has my totally awesome nephew, so it was a huge role reversal. I was the one giving rather than receiving. And I do have a reputation to uphold when it comes to birthdays and Christmas. 'What the kids want, Uncle Matt delivers!' I want their childhood to be the best it can be."

Matt's Ukiah upbringing has helped in his military career.

"I would say from the school pushing me into doing leadership classes and taking leadership roles," he said. "Without that I think I would have been that one shy guy in the corner that is always the awkward one at social events. I wish I had paid more attention in my math classes. I do so many different calculations on a daily basis that it sometimes gets a little hectic."

Even with the satisfaction of a military career and the chance to see the world, Matt misses Ukiah.

"It's just that sense of 'home,'" he said. "No one knows me like the people I grew up with. You just can't beat the fresh air, the sight of the mountains, and the small town feeling where everyone knows you and is always friendly."



Matt Gilliland during a visit with his mom, Kari Keen and sister, Sara Kinney. "Probably the biggest thing I miss about Ukiah is just that sense of 'home,'" Matt says.

In the seven years since graduation he has dealt with some hard issues, including a failed romance or two. He has learned things that will help him out no matter what situation he finds himself in.

"I've learned what an alcoholic is," he said. "I have learned what it's like for someone to be suicidal. Through that I have learned how to get through it. I have learned that friends are a very precious commodity. And to never burn bridges. Ever. Just smile and keep trudging along. I've learned who I wasn't, and I'm still learning who I am. Life is quite a journey!"

Newsletter Now on Ukiah School Website

Current and back issues of the Ukiah Community Newsletter are available on the Ukiah School website, <http://school.ukiah.k12.or.us/>

The Ukiah Community Newsletter is published monthly by the City of Ukiah. Suggestions, comments, complaints, upcoming events? Contact Lee Farren, leefarren@centurytel.net or 541-427-3047. Display ads are \$30 and \$15. Classified for sale ads are \$5, all others free. To place an ad contact Lee Farren or Linda Kerr at 541-427-3109 or happyplane22@hotmail.com

Ukiah School Board

Reset your calendars. Ukiah School's spring break is now set for March 26-30, the same as other Oregon schools. That's a week later than originally scheduled.

The ski program at Anthony Lakes starts on Sunday, February 12, and will run for the next six Sundays. The school bus leaves from the city park at 6 a.m. and returns at about 7 p.m. Cost for the six-week package is \$220 and includes equipment rental, lift tickets and lessons. Community members are invited to participate. Call Laura Orr at 541-427-3738 or 541-427-3134.

The Intermountain ESD has offered the school a free 6-foot tall safe to replace the one damaged in the recent break-in. The school has filed a claim with its insurance company for the damaged safe and the cost of a locksmith, and has asked the Umatilla County Court to include the \$1000 insurance deductible in restitution from the student involved.

Chris Cockburn of Fife & Cockburn reported a clean audit of the district's funds for fiscal year 2011.

January was School Board Recognition month. Superintendent Korber presented each board member with a certificate of appreciation. Ed Farren and Walt Pettigrew have both served for two years, Dee Croteau for six years, Kenny Hogeland for 12 years and Clint Barber for 25 years.

Fire Lookouts Needed

Looking for a summer job where you'll have lots of time to yourself? The North Fork John Day Ranger District is hiring two seasonal employees to staff the Desolation Butte and Tower Mountain Lookouts.

"There's good potential for overtime. Lookouts could work up to 14 consecutive days during the peak fire season," said Fire Management Officer Kelly Hedgepeth.

The job involves using a firefinder and a spotting scope, taking daily weather observations, watching for storms and relaying radio communication when needed.

"It provides some solitude because of the remote locations,"



Desolation Butte Lookout, (elevation 7028 feet) was developed in 1923. The current 67-foot structure dates from 1961. Photo courtesy U.S. Forest Service.

Hedgepeth said. "Most lookouts will bring a dog for company."

The positions are rated at GS-3 and run from June through September. Both are open to the public. Online applications are accepted through Avue (www.avuecentral.com), announcement number OCRT-462-3-FIRE or call Jason Hutchinson at 541-427-5395.

CLASSIFIEDS

Farm-fresh brown eggs for sale, \$2 a dozen. Available at Rhodes on request or call Laura or Ted at 541-427-3134. Butcher lambs coming up--call now to reserve yours.



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